MISSOURI CHILDREN'S TRAUMA NETWORK

# Missouri Children's Trauma Network Training Summit

**May 3, 2018**

**Holiday Inn & Expo Center | Columbia, MO**

**Check us out online: www.moctn.com**

# WELCOME

## 2018 Missouri Children's Trauma Network Training Summit

**Welcome** to the third annual Missouri Children's Trauma Network Training Summit. In partnership with the Missouri Coalition for Community Behavioral Healthcare and Missouri Kid's First, the Missouri Children's Trauma Network is excited to be able to provide this training opportunity among many other training opportunities. The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children.

Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children by: 1) training clinicians in evidence-based models, 2) improving screening, assessment and referral of traumatized children, 3) identifying and working to address systematic barriers to implementation of evidence-based services and 4) collecting data on treatment outcomes to demonstrate value.

In the next few years, the Missouri Children's Trauma Network plans to raise the standard of care and improve access to services for children, families, and communities impacted by trauma.

Visit us online to learn more about what the Missouri Children's Trauma Network is doing and what Learning Collaborative we currently have going on, www.moctn.com.

*By attending the 2018 Missouri Children's Trauma Network Training Summit you acknowledge and agree to grant the Coalition the right at the event to record, film, photograph, or capture your likeness in any media now available or hereafter developed and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from you or any payment to you. This grant to the Coalition includes, but is not limited to, the right to edit such media, the right to use the media alone or together with other information, and the right to allow others to use or disseminate the media.*

**CONFERENCE STAFF**

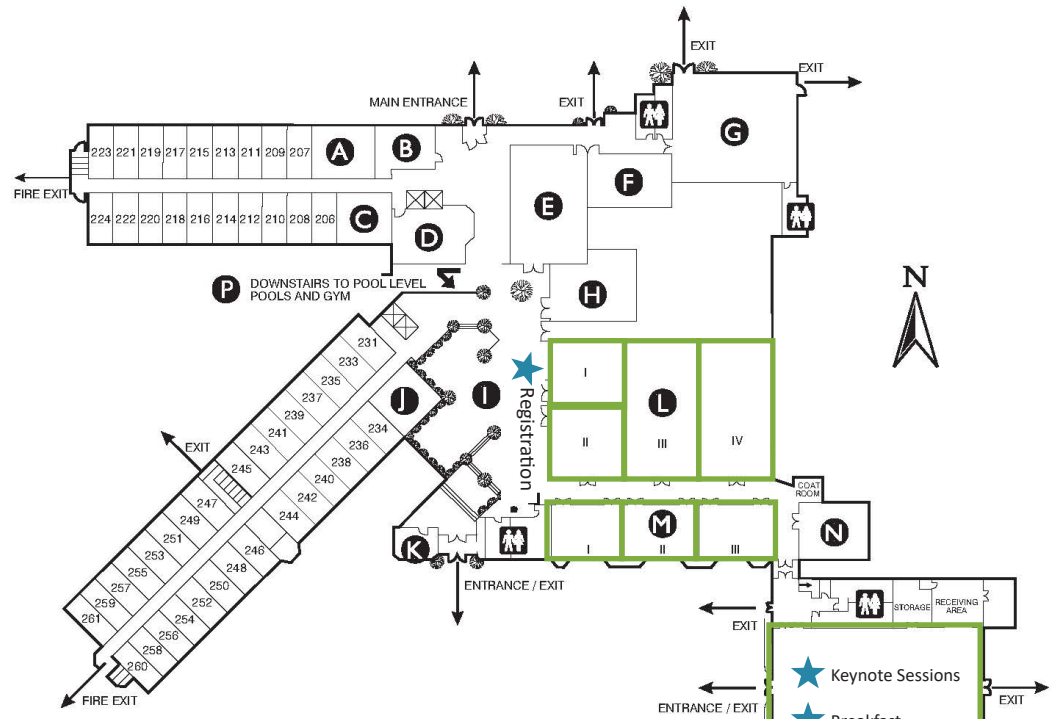
If you have any questions or need assistance, please feel free to stop conference staff at any time, as they will be around all day. If you are unable to find conference staff, please go to the registration desk.

MISSOURI COALITION FOR COMMUNITY BEHAVIORAL HEALTHCARE

MISSOURI KIDSFIRST Ending Child Abuse Now

MISSOURI DEPARTMENT OF MENTAL HEALTH

# Conference HOTEL MAP




- A TRUMAN ROOM
- B GIFT SHOP
- C BRADLEY ROOM
- D FRONT DESK
- E PICADILLY MEETING ROOM
- F CHURCHILL'S
- G SPORTSZONE RESTAURANT & BAR
- H EXECUTIVE OFFICES/SALES
- I THE ATRIUM LOBBY & LOUNGE
- J EXECUTIVE BOARD ROOM
- K HAIR SALON
- L WINDSOR BALLROOM
- M PARLIAMENT BALLROOM
- N THE POLO ROOM
- O COLUMBIA EXPO CENTER
- P POOLS & GYM
- RESTROOMS

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EXECUTIVE CENTER

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## Continuing Education Units

UMSL | MIMH
Missouri Institute of Mental Health

The University of Missouri St. Louis, Missouri Institute of Mental Health will be responsible for this program and maintain a record of your continuing education credits earned. The Missouri Institute of Mental Health will award **5.75 clock hours** or **6.9 contact hours (.69 CEUs)** for this activity.

After the summit, you will be sent a survey for the sessions you attended. You will need to complete the surveys within 30 days in order to receive your CEU credits. If you have any questions regarding CEUs please direct them to Katie Horstman, khorstman@mocoalition.org or 573.634.4626 ext. 110.

# AGENDA AT A GLANCE | THURSDAY, MAY 3, 2018

| | | | |
|---|---|---|---|
| WELCOME! | 7:30 a.m. | Summit Registration Open | Conference Lobby |
| | 8:30 a.m. - 8:45 a.m. | **Welcome and Opening Remarks** | Columbia Expo Center |
| | 8:45 a.m. - 9:45 a.m. | **Keynote: Transforming Trauma - How to Do This Work and Sustain,** *Laura van Dernoot Lipsky* | Columbia Expo Center |
| B | 9:45 a.m. - 10:00 a.m. | BREAK | |
| Session 1 Workshops | 10:00 a.m. - 11:15 a.m. | The Ring of Safety: Preventing Sexual Abuse Against People with Disabilities | Parliament I |
| | 10:00 a.m. - 11:15 a.m. | Transforming Trauma - How to Do This Work and Sustain Continued | Windsor IV |
| | 10:00 a.m. - 11:15 a.m. | Human Trafficking - You Can Make a Difference!, Part 1 | Windsor II |
| | 10:00 a.m. - 11:15 a.m. | Mindfulness: Our Anchor & Refuge | Windsor III |
| | 10:00 a.m. - 11:15 a.m. | How to Become a Trauma Informed Agency: The Ongoing Journey of Trauma Informed Care (TIC) | Parliament II |
| | 10:00 a.m. - 11:15 a.m. | Suicide and Non Suicidal Self Injury: Understanding the Difference and How to Assess Them, Part 1 | Windsor I |
| | 10:00 a.m. - 11:15 a.m. | Responding to Disclosures of Sexual Abuse in the Real World | Parliament III |
| Lunch | 11:15 a.m. - 12:00 p.m. | LUNCH | |
| | 12:00 p.m. - 1:00 p.m. | **Keynote: Trauma and Recovery,** *Tonier Cain* | Columbia Expo Center |
| B | 1:00 p.m. - 1:15 p.m. | BREAK | |
| Session 2 Workshops | 1:15 p.m. - 2:30 p.m. | Bullying, Mental Illness and Suicide, is There Really a Link? | Windsor IV |
| | 1:15 p.m. - 2:30 p.m. | Human Trafficking - You Can Make a Difference!, Part 2 | Windsor II |
| | 1:15 p.m. - 2:30 p.m. | Trauma and Disaster | Parliament I |
| | 1:15 p.m. - 2:30 p.m. | Suicide and Non Suicidal Self Injury: Understanding the Difference and How to Assess Them, Part 2 | Windsor I |
| | 1:15 p.m. - 2:30 p.m. | Assisting Students with Special Education Needs | Windsor III |
| | 1:15 p.m. - 2:30 p.m. | Helping our LGBTQ Youth Thrive and Survive | Parliament II |
| | 1:15 p.m. - 2:30 p.m. | Trauma Informed Programming in Schools (TIPS) –Lessons Learned from Implementation | Parliament III |
| B | 2:30 p.m. - 2:45 p.m. | BREAK | |
| Session 3 Workshops | 2:45 p.m. - 4:00 p.m. | The Neuroscience of Trauma and the 6R's of Effective Therapeutic Interventions | Windsor IV |
| | 2:45 p.m. - 4:00 p.m. | Current Trauma Legislation Considerations in Missouri | Parliament II |
| | 2:45 p.m. - 4:00 p.m. | How to Create a Trauma Informed School | Windsor II |
| | 2:45 p.m. - 4:00 p.m. | The Importance of Utilizing a Family-Centered Approach to Substance Use Treatment | Parliament I |
| | 2:45 p.m. - 4:00 p.m. | Where Words Fail, Music (or Art or Movement) Speaks: The Impact of Expressive Arts in Healing Trauma | Windsor III |
| | 2:45 p.m. - 4:00 p.m. | Trauma Grief and Loss | Windsor I |
| | 2:45 p.m. - 4:00 p.m. | Recruiting and Retaining the Best and the Brightest: Using Trauma Theory to Build Sustainable Organizations | Parliament III |
| A | 4:15 p.m. | Adjourned | |

**Tweet about the event**
***#18MOCTNSummit***

## WELCOME! | 8:30 a.m.

**Conference Registration Opens | 7:30 a.m. - 12:00 p.m.**

**Breakfast | 7:30 a.m. | Columbia Expo Center**

**Welcome and Opening Remarks | 8:30 a.m. - 8:45 a.m. | Columbia Expo Center**

**Katie Reichard,** Director of Policy and Strategic Communication, Missouri Coalition for Community Behavioral Healthcare

## MORNING KEYNOTE | 8:45 a.m. - 9:45 a.m.

**KEYNOTE: Beyond Repair: From Dealing Dope to Dealing Hope**

**8:45 a.m. - 9:45 a.m. | Columbia Expo Center**

**Laura van Dernoot Lipsky,** Founder and Director of the Trauma Stewardship Institute

We will discuss the context for how a cumulative toll arises and how we'll engage in this conversation. We'll discuss some principles that may be helpful in taking in the information. These are the specific manifestations of cumulative toll. From numbing to anger to cynicism we'll dive deeply into how one is impacted individually and collectively. We'll look at very concrete strategies for how to create sustainability for oneself individually. We'll broaden the conversation by looking at how to create sustainability for oneself within a larger context as well as how to create larger organizational, institutional, and movement-level change.

**Learning Objectives:**

- Raising awareness and responding to the cumulative toll on those who are exposed to the suffering, hardship, crises, or trauma of humans, other living beings or the planet itself.
- To help others develop a deeper understanding of trauma exposure and the tools for reconciling such exposure, so folks can do their work sustainably.
- Teach people in a broad base of fields how to create a sustainable individual and collective culture.

## SESSION 1 WORKSHOPS | 10:00 a.m. - 11:15 a.m.

**The Ring of Safety: Preventing Sexual Abuse Against People with Disabilities | Parliament I**

**Christina Meneses** & **Kayla Potter,** YWCA of Metro St. Louis - SHADE

This workshop will introduce the Ring of Safety as protective factors that reduce the likelihood of sexual abuse. While originally conceptualized by Dave Hingsburger in the realm of disability and sexual violence, the presenters will discuss the applicability of these factors for individuals with disabilities and beyond.

**Learning Objectives:**

- Participants will be able to name the six protective factors that make up the Ring of Safety.
- Participants will be able to discuss how each of these factors operate in terms of abuse prevention against individuals with disabilities.
- Participants will be able to name at least two ways their organizations already support the Ring of Safety, and/or two ways that they could in the near future.

**Transforming Trauma - How to Do This Work and Sustain Continued | Windsor IV**

**Laura van Dernoot Lipsky,** Founder and Director of the Trauma Stewardship Institute

We will discuss the context for how a cumulative toll arises and how we'll engage in this conversation. We'll discuss some principles that may be helpful in taking in the information. These are the specific manifestations of cumulative toll. From numbing to anger to cynicism we'll dive deeply into how one is impacted individually and collectively. We'll look at very concrete strategies for how to create sustainability for oneself individually. We'll broaden the conversation by looking at how to create sustainability for oneself within a larger context as well as how to create larger organizational, institutional, and movement-level change.

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## SESSION 1 WORKSHOPS | 10:00 a.m. - 11:15 a.m.

### Human Trafficking - You Can Make a Difference!, Part 1 | Windsor II

**Pam Hamilton, LCSW,** Cornerstones of Care

It's possible you may encounter a trafficking victim, and chances are you will be the one to begin connecting the dots! Trafficking victims rarely self –identify or disclose, making it even harder to identify, but there are indicators to look for which every citizen and mental health practitioner should know. This workshop will explore these indicators, explain the legal definition of both sex and labor trafficking, the recruitment strategies of traffickers and discuss the higher risk factors. Until the time comes that you interact with a survivor of trafficking, there are ways you can make a difference and help stop this crime!

**Learning Objectives:**

- Describe forms of trafficking.
- Identify indicators of high being trafficked.
- List practical resources anyone can utilize to make a difference in curbing trafficking.

### Mindfulness: Our Anchor & Refuge | Windsor III

**Robin Todd, MS,** Mindful Momentum

The boat adrift meanders aimlessly, directed by external forces, unable to navigate. Similarly, our lives too often drift off course in the currents of worry, stress and excessive obligations. Stop drifting. When we learn to retreat to our anchor of mindfulness, silently and fully present, we allow ourselves the opportunity to gain perspective, provide self-care, build resilience and cultivate peace, setting us on a course toward a renewed ability to serve others.

**Learning Objectives:**

- Participants will gain an understanding about mindfulness, the benefits associated, and the research supporting it.
- Participants will gain an understanding of how to create lasting change through self-understanding and awareness.
- Participants will walk away with two simple mindful practices that can be implemented immediately.

### How to Become a Trauma Informed Agency: The Ongoing Journey of Trauma Informed Care (TIC) | Parliament II

**Holly Nemec, MA** & **Chris Sandwell, LPC, NCC,** Behavioral Health Response

Join in as BHR takes you on a worldwide tour of their four year journey to become a Trauma Informed agency. Learn about the success, the places we've been, the people we've met along the way, and the challenges we've encountered over the last four years.

**Learning Objectives:**

- Define Trauma Informed Agency based on MO Model.
- Taking stock of your internal resources.
- Building your collaborative partners.
- Next Steps.

### Suicide and Non Suicidal Self Injury: Understanding the Difference and How to Assess Them, Part 1 | Windsor I

**Brianne Serdar, MSW, LCSW,** St. Louis Center for Family Development

Trauma can impact children and adolescents to the point of increasing their pervasive emotion dysregulation. Understanding how Non Suicidal Self Injury and Suicidal Ideation is a function of these intense emotion experiences can help caregivers and mental health providers provide the most effective responses. This presentation will enhance your knowledge of the difference between Non Suicidal Self Injury, Suicidal Ideation, and Suicidal Behavior, in addition to ways to address and prevent these behaviors.

**Learning Objectives:**

- Understand the difference between Non Suicidal Self Injury, Suicidal Ideation, and Suicidal Behavior.
- Understand the function of behaviors to regulate pervasive emotion dysregulation and how to assess an individual's safety.
- Create meaningful responses to enhance problem solving and skill building and decrease reinforcement of ineffective coping strategies.

### Responding to Disclosures of Sexual Abuse in the Real World | Parliament III

**Jerry Dunn, PhD,** Children's Advocacy Services of Greater St. Louis

All too often children disclose their experiences of sexual abuse to professionals who are unsure of how best to respond to child. Further, these professionals may worry that their response will jeopardize a child protection or legal case. This workshop will help participants understand the process of disclosure and make them aware of the best practices associated with responding in a trauma sensitive manner. Participants will also learn how to access resources in their community to help protect the children in their care.

**Learning Objectives:**

- Participants will learn the stages in the process of disclosure and the implications for their response.
- Participants will learn the best practices associated with a trauma sensitive response to disclosure (e.g. minimal facts interview).
- Participants will learn how to access resources in their communities (e.g. Child Advocacy Centers, Child Abuse and Neglect Hotline) that will assist them in protecting the child following a disclosure.

## LUNCH KEYNOTE | 12:00 p.m. - 1:00 p.m.

### KEYNOTE: Trauma and Recovery

**12:00 p.m. - 1:00 p.m. | Columbia Expo Center**

**Tonier Cain,** CEO and Founder of Healing Neen, Inc.

Through her amazing story Tonier Cain will take the audience on a journey to understand how her childhood trauma led to drug addiction and years of self-destructive behavior that subjected her to being re-traumatized constantly by the very people who were being paid to help her. During her 19-year crack addiction, Tonier Cain racked up 83 arrests and 66 convictions. She turned to prostitution to pay for drugs, lost custody of four children, and, when she wasn't locked up, she slept under a bridge. Most friends, family and professionals she encountered thought she was a lost cause but in 2004, pregnant and incarcerated, she entered a community trauma, mental health and addictions program, where she confronted the haunting childhood memories that she tried to numb with drugs and alcohol.

Realizing for the first time that she had been a victim, Tonier began to heal and reclaim power over her life, embarking on a remarkable upward spiral that has no limit. Today she is a celebrated speaker and trauma care expert. She has testified before Congress, lectured at Yale University and authored a poignant memoir. Former Gov. Charlie Crist recognized Cain for her contributions to transforming the way the entire Florida Department of Juvenile Justice serves youth. Tonier's joyous spirit and astonishing inner-strength leaps into audience hearts, inspiring renewed hope and compassion for those still living on the fringes. She travels the world to give speeches and work one-on-one with women in prisons and hospitals, as she continues to transform her own life while helping others to embrace her motto "where there's breath, there's hope."

**Learning Objectives:**

- Define trauma and trauma-informed services and practices.
- Contrast traditional human service settings and practices with those that are trauma-informed.
- Provide an understanding of the personal experience of trauma, and working to promote recovery.

## SESSION 2 WORKSHOPS | 1:15 p.m. - 2:30 p.m.

### Bullying, Mental Illness and Suicide, is There Really a Link? | Windsor IV

**Marian McCord,** CHADS Coalition for Mental Health

This presentation will address the definition of bullying and the potential impact it could have on our mental health. How might the trauma of bullying impact a student now and in many years to come. How does the trauma of bullying compare to other childhood traumas? What is the link between bullying and suicide. Will discuss MO House Bill 1583 and the new school requirements.

**Learning Objectives:**

- Better understanding of bullying behaviors and the impact it may have on a child's mental health, and what can you do to make your school a safer place for students.
- Better understanding of youth suicide and action items to save a young persons life from suicide.
- House Bill 1583 what does my school need to know and do.

## SESSION 2 WORKSHOPS | 1:15 p.m. - 2:30 p.m.

### Human Trafficking - You Can Make a Difference!, Part 1 | Windsor II

**Pam Hamilton, LCSW,** Cornerstones of Care

CSEC: The Commercial Sexual Exploitation Of Children. The complex dynamics of being commercially exploited for sex are explored with a focus on the traumatic bonds that may be formed, impact on health and behavior. Recent research is presented, assessments discussed and a discussion of suggested treatment for trafficking victims.

**Learning Objectives:**

- Explain the challenges of traumatic bonding and list the implications for victims.
- List possible social, emotional and psychological consequences of being trafficked.
- Articulate various approaches to support the victim on their path to becoming a survivor.

### Trauma and Disaster | Parliament I

**Debbie Fitzgerald,** Ozark Center

Children are considered one of the highest risk groups to have emotional reactions and difficulties after a disaster. Providers as well as the community at large may assist children and youth, in their healing process and recovery, from disaster.

**Learning Objectives:**

- Learn the four types of reactions disaster survivors experience.
- Learn strategies to help survivors manage their distressing triggers and reactions.
- Learn skills and interventions to promote recovery and resilience of children post disaster.

### Suicide and Non Suicidal Self Injury: Understanding the Difference and How to Assess Them, Part 2 | Windsor I

**Brianne Serdar, MSW, LCSW,** St. Louis Center for Family Development

Trauma can impact children and adolescents to the point of increasing their pervasive emotion dysregulation. Understanding how Non Suicidal Self Injury and Suicidal Ideation is a function of these intense emotion experiences can help caregivers and mental health providers provide the most effective responses. This presentation will enhance your knowledge of the difference between Non Suicidal Self Injury, Suicidal Ideation, and Suicidal Behavior, in addition to ways to address and prevent these behaviors.

**Learning Objectives:**

- Understand the difference between Non Suicidal Self Injury, Suicidal Ideation, and Suicidal Behavior.
- Understand the function of behaviors to regulate pervasive emotion dysregulation and how to assess an individual's safety.
- Create meaningful responses to enhance problem solving and skill building and decrease reinforcement of ineffective coping strategies.

### Assisting Students with Special Education Needs | Windsor III

**Dan Underwood,** Legal Services of Eastern Missouri

Attendees will receive an overview of how to advocate on behalf of students in need of special education services. Attendees will learn about: qualifying for special education services, what qualifying for special education services entitles a student to, the placement continuum for students, what happens at an IEP meeting and what to do when a parent and school disagree about services and general advocacy tips for parents seeking special education services for their child.

**Learning Objectives:**

- Overview of special education.
- What a child gets if they qualify for special education services.
- Advocacy tips to assist parents seeking special education services for a child.

### Helping Our LGBTQ Youth Thrive and Survive | Parliament II

**Kimberlee Shaw-Ellis,** Kansas City Police Department

Participants will walk away from this training with a better understanding of the challenges LGBTQ youth face and how those challenges affect them.

**Learning Objectives:**

- List some ways LGBTQ identified youth are more likely to experience violence than non-LGBTQ identified youth.
- Explain why LGBTQ identified youth are at more risk for homelessness, drug/alcohol abuse, survival sex work, and suicide, than non-LGBTQ identified youth.
- List some ways parents and mental health professionals can help LGBTQ identified youth thrive and survive.

### Trauma Informed Programming in Schools (TIPS) –Lessons Learned from Implementation | Parliament III

**Lance Linke, PhD,** Children's Advocacy Services of Greater St. Louis

The importance of trauma informed school settings is more evident than ever before. This presentation will provide a brief overview of trauma-informed school programming and the benefits associated with a school becoming trauma-informed. The components of the Trauma Informed Programming in Schools (TIPS) program will be reviewed and descriptive data from the early implementation phase with 31 schools in the St. Louis metropolitan area will be presented. The program's implementation successes, challenges and lessons learned will be outlined as well as recommendations for assessing a school's readiness to engage in trauma informed programming.

**Learning Objectives:**

- Participants will develop an understanding of components and benefits of trauma-informed school programming.
- Participants will build awareness of potential barriers to implementing trauma-informed school programming and the lessons learned to eliminate barriers.
- Participants will learn key components of organizational readiness prior to initiating trauma informed school programming.

## SESSION 3 WORKSHOPS | 2:45 p.m. - 4:00 p.m.

### The Neuroscience of Trauma and the 6R's of Effective Therapeutic Interventions | Windsor IV

**Kayla Ellis, M.Ed., LPC,** and **Andrew Farmer, LPC,** Great Circle

This workshop will introduce participants to the Neurosequential Model of Therapeutics and how traumatic childhood experiences or neglect impact brain development. The workshop will then detail the 6R's of an effective intervention strategy and provide a rational as to their importance. The presentation includes a lecture and Power Point accompanied by open discussion and an activity to apply the topic to a real work place scenario.

**Learning Objectives:**

- Participants will be introduced to the Neurosequential Model of Therapeutics
- Participants will understand the 6 components of an effective intervention.
- Participants will gain experience applying these 6 elements to their work.

### Current Trauma Legislation Considerations in Missouri | Parliament II

**Rep. Cora Faith Walker,** Missouri House of Representatives

This workshop will go through current Trauma Informed Care Legislation and how best to advocate for Trauma Informed Care.

**Learning Objectives:**

- Participants will learn about the current Trauma Informed Care Legislation.
- Participants will understand how to advocate for Trauma Informed Care.
- Participants will learn about Trauma informed Legislation in other states.

### How to Create a Trauma Informed School | Windsor II

**Jean West,** Saint Joseph School District/Child Trauma Agency

This session will explain what it truly means to be trauma informed, and what steps are necessary to create a change in perspective throughout a school.

**Learning Objectives:**

- Participants will learn what it means to be trauma informed.
- Participants will be introduced to the Neurosequential model in education development by the Child Trauma Academy.
- Participants will take away concrete steps they can take to help their school become trauma informed.

### The Importance of Utilizing a Family-Centered Approach to Substance Use Treatment | Parliament I

**Sharon Spuell** and **Clara Stevenson,** Queen of Peace

Women and families who have experienced trauma and substance use present unique challenges in the treatment setting. By utilizing a Family-Centered approach, providers are able to offer a full-array of services to promote and support recovery for the entire family.

**Learning Objectives:**

- Identify the key elements of Family-Centered Treatment.
- Learn how the family unit is impacted by trauma.
- Learn 3 effective strategies in utilizing a Family Centered approach.

## SESSION 3 WORKSHOPS | 2:45 p.m. - 4:00 p.m.

### Where Words Fail, Music (or Art or Movement) Speaks: The Impact of Expressive Arts in Healing Trauma | Windsor III

**Andrea Dalton, MA, MT-BC,** Center for Trauma Informed Innovation, Truman Medical Centers-Behavioral Health

Trauma is often indescribable. When it seems impossible to put those experiences into words, those affected by trauma can find themselves stuck, unable to move forward in their treatment. The expressive arts provide opportunities to give "voice" to traumatic experiences. Andrea Dalton, a board-certified music therapist, will discuss the neurobiology associated with both trauma and the expressive arts, outlining the ways in which music, art, and movement can facilitate healing. The presenter will also discuss a framework to know when consultation with a trained music, art, or dance/movement therapist is indicated.

**Learning Objectives:**

- Participants will be able to describe at least one neurobiological process that indicates the potential impact of the expressive arts in healing trauma.
- Participants will be able to describe at least one way in which they can apply expressive arts within their current context.
- Participants will be able to identify situations in which professional consultation with a trained music, art, or dance/movement therapist is indicated.

### Trauma Grief and Loss | Windsor I

**Nancy Spargo, AM, LCSW,** St. Louis Center for Family Development

Most people expect to experience grief and loss as we mature, and we are familiar with the causes, common individual responses, and societal rituals. Adversity and trauma put a different spin on grief and the losses are not expected. This workshop will explore the differences, and then focus on the needs and potential approaches for addressing the impact of an individual as a provider. You can expect for this to include some experiential activities.

**Learning Objectives:**

- Identify the difference between common grief responses and traumatic grief experiences.
- Understand typical manifestations of traumatic grief reactions.
- Learn possible options for addressing issues that arise due to traumatic grief as a provider.

### Recruiting and Retaining the Best and the Brightest: Using Trauma Theory to Build Sustainable Organizations | Parliament III

**Jerry Dunn, PhD,** Children's Advocacy Services of Greater St. Louis

Building a sustainable, trauma-informed organization requires recruiting and retaining the very best and brightest staff. Organizational leaders will learn how this goal can be accomplished by aligning the phases of trauma theory with the child welfare goals of safety, permanency and well-being to create strategies for organizational change.

**Learning Objectives:**

- Participants will review how the phases of trauma theory (i.e. stabilization, integration, and consolidation) can align with the child welfare principles of safety, permanency and well-being.
- Participants will identify how these key components map onto drivers that promote organizational change to improve variables such as morale and retention.
- Participants will identify specific strategies within this framework related to recruitment, selection, training, supervision and professional development that can be integrated into their own organizations.

# PRIZE DRAWING

Enter your name or business card at the registrtation desk for the chance to win one of the below prizes. You **must be present to win** and winners will be announced directly after the lunch keynote speaker at 1:00 p.m.

#1 $50 Gift Card

#2

#3

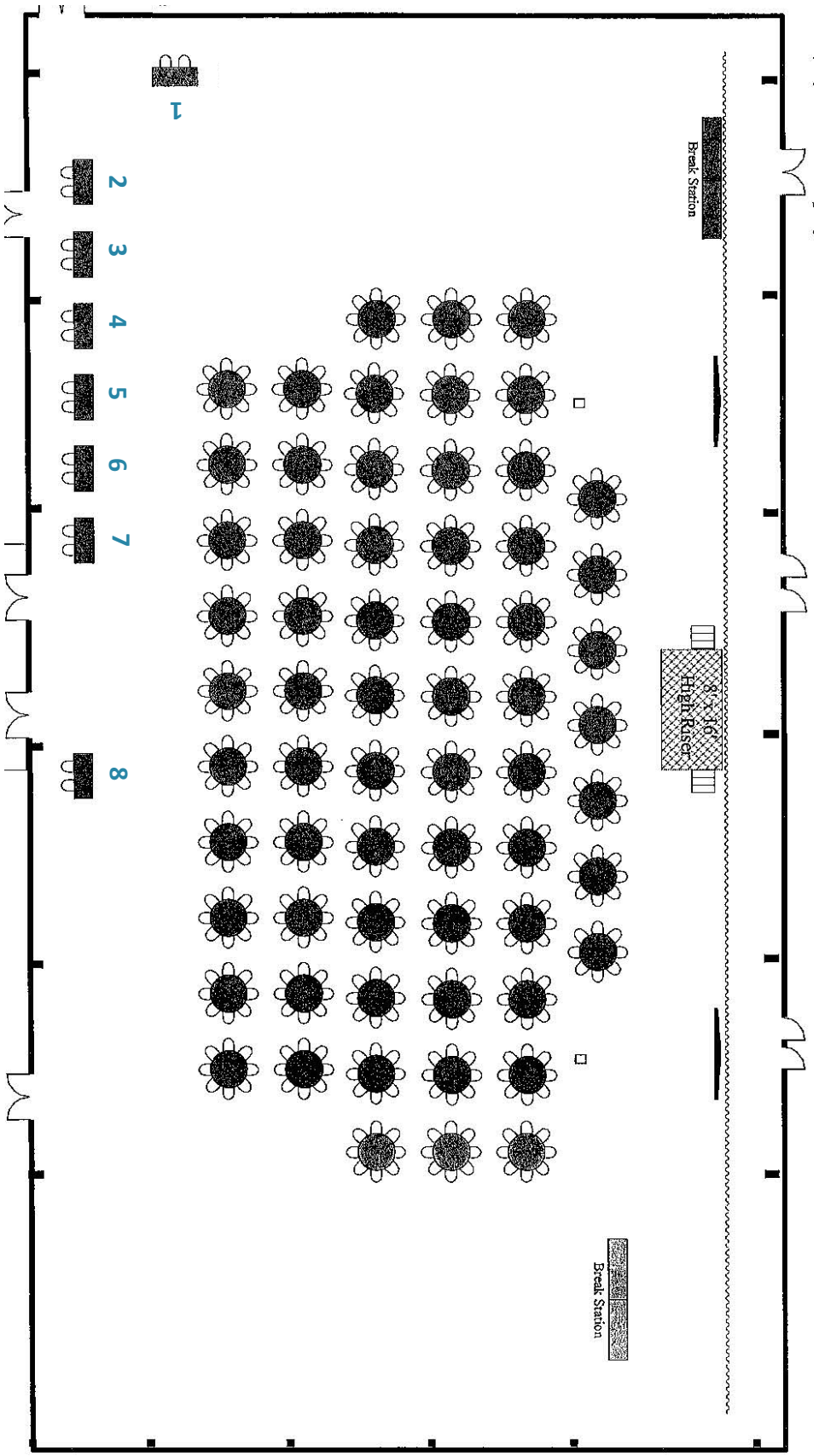
Self-Care Bath & Body Gift Basket

home state health

Home State Health, a MO HealthNet Managed Care Provider, Helps Make it easy for Missouri families to access Medical. Behavioral Health, Vision, and Dental services.

Visit Home State Health at HomeStateHealth.com or call 1-855-694-4663

# Conference EXHIBITOR MAP



# EXHIBITORS

Located in the Exhibit Hall, Columbia Expo Center

### Compass Health Network | Booth #4

*Representative: Erich Beeson and Gary Bennett*

Compass health Network is a Federally Qualified Health Center and Community Mental Health Center serving the needs of individuals across Missouri through innovative, high-quality services delivered in-person and through technology-supported, telehealth services. Individuals are served in the areas of behavioral health, alcohol and drug treatment, supportive housing services, community based behavioral health support, primary care and dental services.. **www.Compasshealthnetwork.com**

### Great Circle | Booth #1

*Representative: Joan Alvarez*

Great Circle is an agency that provides a unique spectrum of behavioral health services to children and families. With specialized programs and highly-trained professionals, we provide hope to those in difficult circumstances throughout Missouri and beyond. **www.greatcircle.org**

### Home State Health | Booth #2

*Representatives: Dana Leonard, Francis Slay, and Christopher Bobak*

Home State Health, a MO HealthNet Managed Care Provider, helps make it each for Missouri families to access medical, behavioral, health, vision, and dental services. **www.HomeStateHealth.com**

### KVC Hospitals, Inc. | Booth #3

*Representatives: Lauren Lueck, Derrick Hurst, and Annmarie Arensberg*

KVC Hospitals is a nonprofit organization that each year serves thousands of children and adolescents who struggle with depression, anxiety, trauma, substance abuse, suicidal thoughts and feelings of violence. Our two children's psychiatric hospitals in Kansas — KVC Prairie Ridge Hospital in Kansas City and KVC Wheatland Hospital in Hays — offer acute/inpatient and residential psychiatric treatment. KVC uses innovative, evidence-based treatment approaches to ensure each child's safety and wellbeing. The organization is accredited by The Joint Commission, considered the gold standard in healthcare and is a part of KVC Health Systems.

Our philosophy is to provide compassionate and effective care through the use of timely, individualized treatment planning in collaboration with the child, family and the community. Our goal is to ensure that children and families find the treatment experience to be nurturing and therapeutic. In an effort to achieve the most effective treatment possible, we provide an integrated approach to care (addressing both the medical and psychiatric needs of youth), utilize evidence-based treatment and best practice models and we adhere to the highest and most stringent safety standards. **www.hospitals.kvc.org**

### Missouri Coalition for Community Behavioral Healthcare | Booth #8

*Representative: Katie Horstman*

The Missouri Coalition for Community Behavioral Healthcare (formerly Missouri Coalition of Community Mental Health Centers), founded in 1978, represents Missouri's not-for-profit community mental health centers, as well as alcohol and addiction treatment agencies, affiliated community psychiatric rehabilitation service providers, and a clinical call center. Thirty-three member agencies staffed with more than 11,000 caring and qualified staff annually provide treatment and support services to approximately 275,000 clients. **www.mocoalition.org**

### Mental Health First Aid Missouri | Booth #6

*Representative: Brenden Christensen*

Mental Health First Aid is an 8-hour course that teaches participants the signs and symptoms of mental illness and substance use disorders and an action plan to help. This training is held across the state by over 150 instructors, so you can easily access a course in your community. Find a course or instructor near you by visiting mhfamissouri.org. For more information, contact MHFA Missouri today at info@mhfamissouri.org or 314-516-8431. **www.mhfamissouri.org**

### Missouri Telehealth Network | Booth #5

*Representatives: Gwen Ratermann*

The Missouri Telehealth Network (MTN) increases access to patient-centered health care via telehealth for rural and underserved Missourians by providing technical assistance to health care organizations, partnering with key stakeholders, operating telehealth programs, and supporting and developing telehealth policies. MTN also operates Show-Me Extension for Community Healthcare Outcomes. Show-Me ECHO connects community providers with experts, building virtual learning and mentoring collaboratives to increase capacity for care. **www.medicine2.missouri.edu/telehealth/home.html**

### SSM Health - Behavioral Health | Booth #7

*Representative: Tim Amato*

SSM Health - Behavioral Health provides behavioral health acute care / crisis stabilization hospitalization for children ages 4-12, adolescents ages 13-17, adults and seniors at seven hospital locations in the St. Louis, St. Charles and Mid-Missouri Jefferson City and Mexico. SSM Behavioral Health also offers a variety of outpatient services for adolescents, adults, seniors and those adults with chronic mental illness. SSM Behavioral Health also offers medical detox for adults withdrawing from alcohol or opiates at two St. Louis locations. We also offer inpatient Substance Use Disorder inpatient services for adults and seniors. **www.ssmhealth.com/behavioralhealth**

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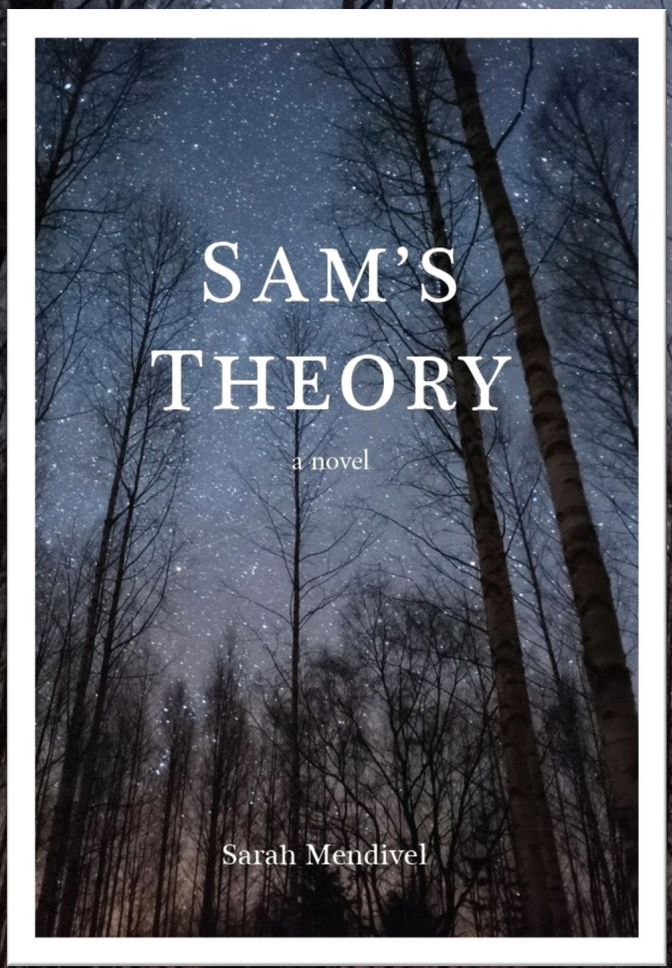


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